

# Want to make a difference in your community's health?

Partner with your Wesley Nurse and join the Health Ministry Team!

## What is a health ministry team?

A Health Ministry Team works to use the gifts and talents of the congregation and the community to promote health and wellness and prevent illness amongst the underserved and uninsured in our neighborhoods. A health ministry team is a shared ministry between the Wesley Nurse of Methodist Healthcare Ministries and the congregation of the First United Methodist Church. The role of the Health Ministry team is to assist the Wesley Nurse in identifying community needs, and planning and implementing activities such as workshops, health fairs, and educational programs that promote health and prevent illness.

## What is a Wesley Nurse?

A Wesley Nurse is a registered nurse who cares for the body, mind, and spirit of a person. We promote health by providing free services to the underserved and uninsured or to anyone with an interest in becoming healthy regardless of religious background.



## Tricia Mathis RN Wesley Nurse

Canyon Lake United Methodist Church  
206 Flintstone  
Canyon Lake TX, 78133  
830 899 7145  
tmahis@mhm.org

If you are interested in serving on the health ministry team in your area, please contact your Wesley Nurse.